

Lenovo
ThinkPad

Smarter
technology
for all

Lenovo

Lenovo ThinkPad T14 Gen 7



Serviceable by design, with fleet-first CRU repairability

AMD Ryzen™ AI PRO 400 Series processor and
on-device AI with Copilot+ PC features

Modern collaboration experience with 5MP camera,
vHDR & Lenovo Computer Vision

Below-the-OS fleet security & remote manageability

AMD
RYZEN AI
PRO 400 Series



Mainstream AI-optimized performance

Fueled by up to AMD Ryzen™ AI PRO 400 Series processors to deliver enterprise-grade performance with next-gen AI capabilities for accelerated productivity, enhanced collaboration, and strengthened security, the ThinkPad T14 Gen 7 is the must-have modern mainstream. The powerful NPU lets you tap into local AI processing for personalized and secure workflow efficiency, including Copilot+ PC on-device AI features for powerful, smart computing that boosts innovation, enhances communication, and increases productivity. Experience significantly better performance for intensive workloads, heavy multitasking and video rendering with the increased Thermal Design Power (TDP), enabling this ThinkPad to meet the future of AI computing without skipping a beat.



Elevated employee and IT experience

Offering a modern aesthetic with the new Cosmic Blue chassis color option, this powerful laptop boasts a brilliant 2.8K 14" OLED display with a low-power 500nits touch panel and an improved sound experience from the larger user-facing speakers. The 5MP IR camera with Lenovo Computer Vision enhances privacy and digital health, with AI-driven features like Shield Mode and Smart Display, while its smart collaboration features like auto-framing and low-light video enhancer make every meeting more naturally engaging. In fact, with a Platinum Calm Tech Certified™ rating, this unflappable laptop minimizes tech stress and prioritizes user wellbeing. Long days away from the plug are never a problem either, as the innovative vHDR technology varies display quality based on workflow demands to optimize battery power. The highly configurable and upgradeable ThinkPad T14 Gen 7 is also tailored for IT needs, with wired connectivity for swift deployment and remote PC and Security Management (PCIoT), powered by Absolute, for unbreakable, firmware-embedded connection to the laptop fleet—even off-network.



Repairable, secure & future-ready design

Combining legendary ThinkPad durability with an industry-leading standard of full fleet-first CRU repairability, the ThinkPad T14 Gen 7 is engineered for long haul—and a lower TCO. Common replaceable and serviceable parts across the series, including battery, memory, USB-C ports, I/O Daughter Card and the entire keyboard, reduce IT repair time for maximum employee uptime. Backed by AMD PRO technologies for security, manageability and stability, this device is purpose-built for the AI-powered future of enterprise computing. Accessibility features, like the tactile markers, plus recycled materials, green certifications and Lenovo Sustainability Services further elevate the responsible design. And the comprehensive, modern and resilient protection of ThinkShield Security, including firmware-level defenses, significantly diminishes enterprise risks from today's cyberthreats.



There are laptops. And there's ThinkPad.

Unapologetically professional and always focused on improving performance, Lenovo ThinkPad devices deliver timeless sophistication. Since 1992, function has defined form, with purpose and people over pretension. Although refined through the decades to stay one step ahead of tech's exponential advances, ThinkPad is still built for outcome-driven people who let their actions speak louder than flash.



Purposeful design

- Obsession with purpose-driven design elements—nothing is merely ornamental.
- Premium materials for beauty, efficiency, and strength.
- Best-in class repairability (customer replaceable units, iFixit partnership, easily replaceable keyboard).
- Clean, modern finishes that impress without boasting.



Calm Tech Certified™

- Reduced cognitive load with industry-unique TrackPoint for no-look, ergonomic cursor control.
- Natural curve key shape, low-blue-light displays and soft-touch, grippy materials for user ease and comfort.
- Industry-leading accessibility features, like tactile keyboard markers and lighted indicators for user stress reduction.



Trusted quality

- Robust real-world durability to withstand any environment and temperature extremes.
- Hinge life and port hardiness to endure on-the-move productivity.
- Certifications and mechanical design that combine to elevate resilience against drops, spills, and bumps.

Lenovo's relentless quest for perfection has made ThinkPad the most consistently top-rated business laptop in the world. But it's not a laptop. It's a ThinkPad.

Committed to sustainability

At Lenovo, we're focused on providing smarter technology that builds a brighter, more sustainable future for our customers, colleagues, communities, and the planet. We equip and empower you to pursue your sustainability goals with smarter end-to-end solutions, from how we make and ship your technology to how you use and return it.

The **Lenovo ThinkPad T14 Gen 7** is another example of how we continue innovating to provide technology solutions that are more energy efficient and human-centered. And we're proud to partner with industry leaders like AMD as we strive to solve humanity's greatest challenges.

Responsible design	Lenovo ThinkPad T14 Gen 7
A cover	PC/GF (50%) + PC/CF (20%)
C Frame/S Frame	90% recycled magnesium
D cover	50% PIC + 5% PCC recycled aluminum PC/CF (30% PCC PC) PC/GF (45% PCC PC)
Keyboard (keycaps)	85% PCC recycled plastic
Keyboard (base plate)	90% recycled stainless steel
Speaker enclosure	90% PCC recycled plastic
TouchPad	30% PCC recycled REE ¹ (Haptic TouchPad magnet)
Battery	100% recycled cobalt
Battery frame	90% PCC recycled plastic
Adaptor	90% PCC recycled plastic
Cable/Antenna holders	30% PCC recycled plastic + 5% closed-loop PCC
Fan housing	25% PCC recycled plastic, 90% recycled steel
Repairability Features	DDR5 Memory USB-C ports Battery (60Whr, 75Whr) Fan Keyboard M.2 Storage & M.2 Wireless WAN I/O Daughter Card (RJ-45, USB-A, Audio jack, HDMI)
Packaging	Plastic-free primary packaging with FSC-certified paper

¹ Rare Earth Element



**REDUCING
GREENHOUSE GAS
EMISSIONS**



**PACKAGING
SUSTAINABILITY**



**SUSTAINABLE
PRODUCT DESIGN**



**SUPPLY CHAIN
SUSTAINABILITY**



certifications & registries

ENERGY STAR® 9.0 certified

EPEAT® Gold registered in U.S.,
Canada, and Germany

TCO 10.0 certified

CO₂ Offset

MIL-SPEC 810H

FSC certified

Accessories

ThinkPad USB4 Smart Dock 5500

Experience 4x the bandwidth with an enterprise-grade smart dock that delivers powerful charging, multi-display support, extensive port expansion, and next-gen cloud-based management.



PN: 40BC0100xx

Lenovo Wireless Multi-Mode Pro Plus Mouse 6050

Combined with six customizable buttons, this mouse is designed for professionals who work across multiple devices—laptops, tablets, and even phones—enabling seamless switching and control.



PN: 4Y51S61876 - 4Y51S61879

Lenovo Wireless VoIP Headset (Teams)

Engineered for the hybrid workspace, this Microsoft Teams certified headset delivers seamless connectivity via Bluetooth® with multipoint support and up to 31 hours of talk time. Designed for comfort with adjustable memory foam ear cups, it ensures clear communication and all day ease.



PN: 4XD1M80020

ThinkPad Professional 16-inch Backpack Gen 2

Crafted from lightweight, durable materials, it efficiently organizes and protects your gear—including 16" laptops and small devices—all in a stylish, sustainable design built for everyday resilience.



PN: 4X41M69794

Enhanced visuals

ThinkVision P27QD-40

The QHD display and variable refresh rate deliver sharp visuals and smooth performance for effortless multitasking. Optimize connectivity using the integrated USB-C docking solution, while Lenovo's LDFM and LADM software enable remote asset management and streamlined display control for a smarter workspace.



ThinkVision P32UD-40

Level up professional prowess with this 31.5" UHD (3840 x 2160) 4-sided ultra-thin bezel, IPS display, which delivers 98% DCI-P3, Thunderbolt4 docking, 140W power delivery and low power consumption for optimal viewing.



Services



Protection & Support Services

Designed to help maintain and evolve the capabilities of your devices over their lifespan with flexible options for warranty extensions, Lenovo Protection & Support Services also help minimize unplanned operating and maintenance expenses, enhancing the budget predictability of your IT operations.

Premier Support Plus

Direct access to advanced technicians for unscripted solutions, onsite support & a suite of smart services.

Premier Support

Advanced tech support 24/7/365 with single point of contact.

Accidental Damage Protection

Covers inevitable drops, spills & other accidents with unlimited claims for total peace of mind.



Digital Workplace Solutions with xIQ Digital Workplace Platform

Powered by Gen AI technology, Lenovo's comprehensive and flexible Digital Workplace Solutions with the xIQ Digital Workplace Platform create a hyper-personalized experience that boosts employee satisfaction and productivity, automating workflows to streamline tasks and reduce IT strain.

TruScale DaaS

Empower everyone with next-gen devices and maximize ROI with one flexible, subscription-based service for device lifecycle management, security, and sustainability.

TruScale DaaS for Sustainability

Modular DaaS solution with Sustainability services that help manage IT carbon footprint, reduce IT costs & boost ROI.

TruScale DaaS for AI PC

Bundles AI-powered devices, infrastructure, and services into a pay-as-you-go XaaS model.

Security Services

Build total cyber-resiliency from pocket to cloud. Strengthen your cybersecurity across every layer of your business with a comprehensive, AI-enabled one-stop solution.

Managed Services

Remote monitoring & management to enhance device health, security & reliability.



AI Services

From strategy to scale, Lenovo helps you design, deploy, and manage secure AI solutions that align with your goals and deliver measurable ROI.

AI Discover

Assessment of AI readiness across security, people, processes & technology for tailored roadmap to drive business value.

AI Adoption & Change Management

Helps integrate AI technologies, upskill employees, drive engagement to maximize ROI, addressing unique infrastructure & culture challenges.

ThinkShield

Lenovo is committed to being our customer's most trusted technology supplier. ThinkShield delivers **Comprehensive, Modern, and Resilient** solutions to defend your business.

COMPREHENSIVE

End-to-end protection against attacks at every level.

MODERN

AI-driven threat prevention, behavior-based analysis, and self-healing BIOS capabilities.

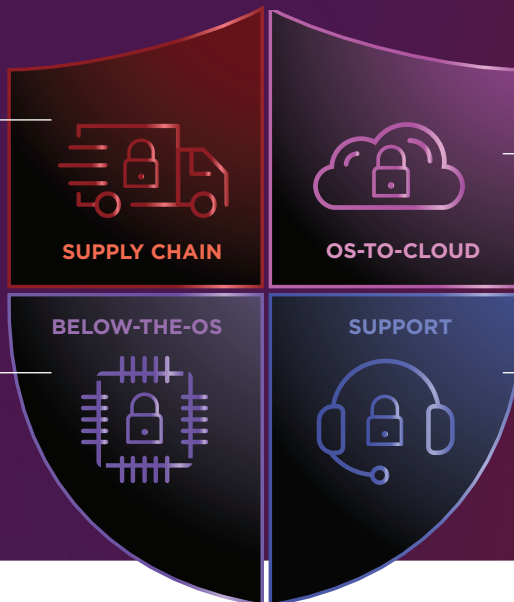
RESILIENT

Minimized disruptions by diagnosing and remediating device health issues for productivity.

Lenovo ThinkShield, protecting your business, everywhere.

Secure from the start

End-to-end supply chain protection with verifiable hardware and software assurance.



Smarter protection with AI + XDR

AI-powered security that safeguards against ransomware, phishing and data loss before they happen.

Integrity at every level

Fleet-wide firmware and hardware defense against rogue devices and advanced attacks.

Always on

Expert protection and support, seamlessly handled by one trusted partner, 24x7.

One partner, total protection.

Fueled by delivering smarter technology for all, Lenovo ThinkShield is constantly evolving our hardware, software and services to provide reliable security solutions to defend your business—without compromising end-user productivity.



Safeguard your assets



Ensure end-to-end protection and reduce attack surface



Automate protection to boost efficiency



Tailor plans to suit your needs



Stay compliant with regulatory standards

Learn more at Lenovo.com/ThinkShield

ThinkVantage Technologies

Enriching the Think experience.

For over 20 years, ThinkVantage Technologies (TVT) has been simplifying device management, increasing fleet stability, reducing the costs of IT admin/ops, and keeping endusers happy. It's a heavy burden to manage PCs. We meet you where you are to solve the challenges that keep you awake at night.



Reduce IT overhead through automation of deployment, patching & updates.



Accelerate modernization with tools that support modern management frameworks.



Improve user experience with proactive system health monitoring & self-healing capabilities.



Enhance security & compliance with integrated asset tracking & sustainability insights.

Lenovo Device Orchestration

Your administrative UI to optimize fleet management.

Lenovo Device Orchestration (LDO) is an intelligent endpoint management solution that empowers IT teams to monitor, manage, and optimize devices against common issues. LDO enhances the health, security, and performance of your devices, reducing downtime and boosting employee productivity.

- Gen AI power designed to help IT/Ops manage devices at scale with greater efficiency, insight, and automation.
- AI-generated proactive and predictive insights, remote access and control of PCs, and hardware inventory.
- Cloud-based service for real-time results with no infrastructure setup or investment required.
- Admin/Operations-facing controls for behind-the-user management.

ThinkVantage Technologies

From deployment to sustained productivity, ThinkVantage Technologies streamline workflow efficiencies through expert guidance, customized solutions, and centralized fleet management. TVT is device management, your way.

Learn more at <https://support.lenovo.com/us/en/solutions/ht104232-think-deployment-resource-center>

Lenovo ThinkPad T14 Gen 7

performance

PROCESSOR

Up to AMD Ryzen™ AI PRO 400 Series processors

OPERATING SYSTEM

Windows 11 Pro

GRAPHICS

AMD Radeon™ graphics

MEMORY

DDR5, up to 96GB (2x48GB) (400 Series only)
Up to 64G (2X32g)
DDR5 + 8GB; DDR5 + 16GB; DDR5 + 32GB

STORAGE

Up to 1TB
Up to 2TB (400 Series only)
PCIe Gen4x4 Performance SSD (2280)

BATTERY

CRU 60Whr, CRU 75Whr

AC ADAPTOR

65W 80cc GaN USB-C
65W 49cc Wall Mount USB-C
65W 110cc Brick USB-C
100W USB-C
100W Dual Port USB-C
No adaptor option

CAMERA

5MP USB, 5MP + IR, 5MP + IR + CV + vHDR USB
Webcam privacy shutter
Lenovo View

AUDIO

Side user-facing Dolby® Atmos 3411 SLS Speakers
Dolby® Voice
2x speakers (90% PCC)
2x microphones

software

Lenovo Commercial Vantage
TrackPoint Quick Menu
Lenovo Smart Connect
Dolby Settings

security

Lenovo ThinkShield
Ultrasonic HPD
Power-on MoC touch fingerprint reader
IR camera option with Windows Hello facial recognition
dTPM 2.0 chip
Webcam privacy shutter
Nano Kensington™ lock slot

connectivity

INPUT/OUTPUT PORTS

1x USB-A 3.2 Gen1
1x USB-A 3.2 Gen1 (always on)
2x USB-C (TBT4)
Audio
HDMI 2.1
RJ45
SIM
Smart Card Reader

WIRELESS

Wi-Fi 7 MTK 7295
CAT6 eSIM
5G Sub6 eSIM
Bluetooth 5.4

NFC

Yes

DOCKING

Thunderbolt 4
USB-C

design

DISPLAY

14" WUXGA (1920x1200) IPS AG (400nits, 45% NTSC, DBEF5, Eyesafe, AICCP)
14" Low Power WUXGA (1920x1200) IPS InCell touch AG (500nits, 100% sRGB, Eyesafe, AICCP)
14" WUXGA (1920x1200) IPS AG Privacy Guard OCT touch (500nits, 100%sRGB)
14" 2.8K (2880x1800) OLED AG Non-Touch (500nits, 120Hz, 100% DCI-P3, Dolby Vision, Eyesafe, HDR True Black 500)
87.49% STB ratio

DIMENSIONS (W X D X H)

Starting at 313.6 x 221.7 x 21.95 (rear) / 15.88 (front) / 11.30 (max) mm / 12.34 x 8.72 x 0.86 (rear) / 0.62 (front) / 0.44 (max) in

WEIGHT

Starting at 1.29kgs/2.84lbs

MIL-STD-810H

Yes

KEYBOARD

ThinkPad TrackPoint Keyboard (1.5mm travel)
Three Buttons TrackPad
TrackPoint Quick Menu

COLORS

Cosmic Blue
Eclipse Black



AMD
RYZEN AI
PRO 400 Series

©2026 Lenovo. All rights reserved. All rights reserved. These products are available while supplies last. Prices shown are subject to change without notice. For any questions concerning price, please contact your Lenovo Account Executive. Lenovo is not responsible for photographic or typographic errors. Warranty: For a copy of applicable warranties, write to: Warranty Information, 500 Park Offices Drive, RTP, NC 27709, Attn: Dept. ZPYA/B600. Lenovo makes no representation or warranty regarding third-party products or services. Trademarks: Lenovo, the Lenovo logo, Rescue and Recovery, ThinkPad, ThinkCentre, ThinkStation, ThinkVantage, and ThinkVision are trademarks or registered trademarks of Lenovo. Microsoft, Windows, and Vista are registered trademarks of Microsoft Corporation. AMD and the AMD Arrow logo are trademarks of Advanced Micro Devices, Inc. Other company, product and service names may be claimed as the property of others.

Lenovo Smarter technology for all